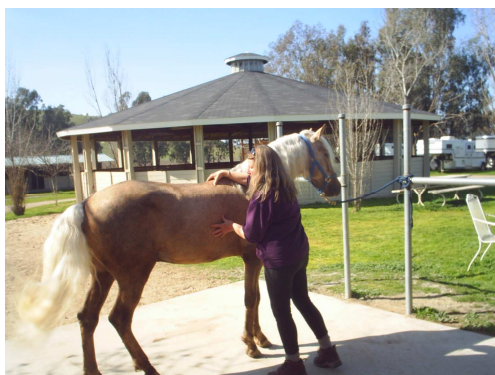


Equine Massage for Horse Owners

Equine Massage Training Course



Benefits of massage therapy for horses can include: Maintaining muscle tone and joint flexibility, increased blood and lymph circulation, flushing toxins from muscles and joints, relieving discomfort from arthritis, lameness, preventing injuries, recovery from surgery or injury, preventative overall health care, relieving muscle pain by releasing endorphins.

Equine massage can help long standing injuries and prevent future injuries from hindering your horses well being. It has proven its ability to increase equine athletic performance giving both horse and rider the competitive edge. It also allows the animal's body to maintain a healthy state of balance adding to the quality of life and value of the horse. Massage benefits all breeds at any age.

Equine Massage for Horse Owners: \$40, 4 Hours, for dates and times Call Marilyn at the Flying R Ranch to register 209 559-2972

- TCM (Traditional Chinese Medicine) Animal Acupressure, Pathways and Important Points
- Basic Anatomy
- Basic Strokes, Benefits of Massage, Theory & Application
- Equine Sports Massage, Basic Massage Sequence (before exercise or competition)
- Strengthen the bond between horse and rider

Vicki Kennedy, CMT is a certified massage therapist for both humans and animals. She has been practicing for more than 20 years. She has a private practice in Sonora, Ca and teaches workshops and trainings in the bay area and the Sierra foothills. **For more information call 209-743-5515 www.vickikennedy.com**